



EYEBROW MICROBLADING

AFTERCARE INSTRUCTIONS

Microblading results depend heavily on how you take care of your brows post-procedure. Please be gentle with your brows after you have been microbladed. It is normal for a small amount of hair strokes to fall out during the healing process. Your brows will also go through a fading process.

Adjustments to the color and shape will be made at the second follow-up appointment.

Please restrict physical activities such as bathing, recreational water activities, gardening and contact with animals for the first 24 hours following your procedure, infection is possible if the micro bladed area is not kept clean and dry.

1. **DO NOT** get your brows wet for the first 24 hours after your appointment. You may wash the rest of your face, but avoid the brow area. After 24 hours have passed use a foaming cleanser and gently pat your brow, **DO NOT** rub or scrub the area.
2. **DO NOT** wax your brows until AFTER the hair strokes have healed.
3. **DO NOT** apply makeup to your brow for approximately 5-10 days after your appointment.
4. **DO NOT** rub or pick at the microbladed area, this can remove the ink.
5. **DO NOT** work out after, wait 5-10 days post procedure.
6. **DO NOT** have prolonged sun exposure for at least 10 days after your brow treatment.
7. **DO NOT** have glycolic peels or laser treatments 2 weeks before or after your eyebrows are microbladed.
8. **DO** wash your hands before you touch your face to reduce chances of infection.
9. **DO** pull your hair back if you have bangs.
10. **DO** use sunblock on your brows AFTER they have healed to prolong their life.
11. **DO NOT** PUT ANY OINTMENT ON YOUR BROWS. If they itch dampen a q-tip with water and gently press on the dry part of your brow.
12. **DO NOT** ANY chemicals on your eyebrows for the first 2 week. Chemical interactions have the potential to change the color of your microblading. In addition, after your microblading has healed keep your foundation OFF your brows, it makes them look grey/green.
13. **DO** Use a foaming gentle antibacterial soap the day after and gently cleanse the area, **DO NOT** rub or scrub this area, then pat dry.
14. **DO** wash your pillowcases if you share space with your pets.

Redness, light swelling and tenderness are common after your microblading procedure. The following are signs and symptoms of minor infection, including, but not limited to, redness, swelling tenderness of the procedure site, these are common and do not require medical attention. The following symptoms are serious and DO require medical attention: red streaks going from the procedure site towards the heart, elevated body temperature or purulent drainage from the procedure site. If you experience any combination of these last three symptoms please seek medical attention.